

ORGANIZATIONS

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COMPETITION INFORMATION

1. Dates and Venues

The 23rd SEA Games Triathlon Competition will be held from 1-2 December 2005 at the Boardwalk, Subic Bay, Freeport, Olongapo City. The Training Venue for this competition will be at SBMA facilities.

2. Events

The 23rd SEA Games Triathlon Competition will be contested in both men and women. Their distances shall be as follows:

Triathlon

Swimming – 1.5 km

Cycling – 40 km

Running – 10 km

3. Competition Schedule

<i>1 December 2005</i>	<i>6:30 a.m.</i>	<i>Female</i>
<i>2 December 2005</i>	<i>6:30 a.m.</i>	<i>Male</i>

GENERAL RULES & REGULATIONS

1. Rules

The 23rd SEA Games Triathlon Competition will be conducted in accordance with the ITU Competition Rules (2005). In case of a disagreement in the interpretation of rules from versions in different languages, the English text will prevail. Any unforeseen incident not covered by the Rules shall be dealt with accordingly in the following manner:

1.1. Technical questions shall be resolved in accordance with the ITU Rules.

1.2. Cases of general nature shall be resolved in accordance with the SEA Games Federation (SEAGF) Statutes and Rules (2005). Particularly, the following rules shall have precedence:

SEAGF Rule 31 – Eligibility Code

To be eligible for participation in the SEA Games, a competitor must comply with the SEA Games Federation Statutes and Rules as well as Rule 45 and the By-Laws to Rule 45 of the Olympic Charter.

SEAGF Rule 32 – Nationality of Competitor

Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country which competitor may represent in the SEA Games shall be resolved by the Executive Committee in accordance with the By-Laws to Rule 46 of the Olympic Charter.

SEAGF Rule 34 – Medical Code:

- a. Doping violation as defined by the WADA Code is forbidden.
- b. All competitors are liable to medical control and examination carried out in conformity with the rules of the International Olympic Committee Medical Commission, the WADA Anti-Doping Code and Explanatory documents.
- c. Competitors in sports restricted to women must comply with the prescribed tests for femininity, when needed.
- d. Any competitor refusing to submit for a medical control or examination or is found guilty of an Anti-doping violation shall be excluded from the SEA games. The principles of exclusion for teams and individuals shall be in accordance with the WADA Code.
- e. A medal may be withdrawn by order of the Executive Committee on the proposal of the Chairman of the Organizing Committee.
- f. A Medical Commission as approved by the Medical Committee of the SEAG Federation will be set up to implement these rules. Members of which be nominated by their respective NOC as approved by the Medical Commission of the SEAG Federation.
- g. The above regulations shall in no way affect further sanctions by the International Federation.

SEAGF Rule 38 – Number of Entries:

The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:

- a. For individual events, including singles and doubles event, there shall only be two (2) entries from each NOC (excluding reserves). For the sports of Arnis, Bodybuilding, Boxing, Judo, Karate-do, Muay, Pencak Silat, Taekwondo, Weightlifting, Wrestling, and Wushu, there shall only be one (1) entry per weight category from each NOC, and for Sailing where there shall only be one (1) entry per event from each NOC. Any event with three (3) or more members to make up a team shall be deemed to be a team event, and there shall only be one team (entry) from each NOC.
- b. For team events, one (1) team per nation, the number of reserves shall not exceed the number of players allowed by the International Federation.
- c. For events where both team and individual competitions are conducted at the same time, the competitors for any one NOC cannot win more than two (2) medals in their respective individual events.

SEAGF Rule 41 – International Federation:

- a. The Organizing Committee shall write to the International Federation or the Asian Sports Federation concerned for their permission to hold their sport in the Games. The Organizing Committee may invite a representative who shall arrive at least three (3) days before the beginning of the first event of their sport in order to check the facilities and equipment and arrange the entries, which conform to its rules and the rules of the SEAGF.

- b. The Organizing Committee shall pay the accommodation, meals and local expenses of its representative at the established rate of the Organizing Committee until two (2) days after the closing of their competition.
- c. In exceptional cases, if for technical reasons the presence of additional delegates is necessary, the appropriate arrangements shall be made with the Organizing Committee; the Executive Committee must be previously informed. In case of disagreement, the Executive Committee shall decide.

SEAGF Rule 42 – Technical Officials and Jury of Appeal:

- a. The necessary Technical Officials (referees, judges, umpires, timekeepers, inspectors, etc.) and a Jury of Appeal for each sport shall be appointed by the appropriate National Federation of the Host Country, which shall direct their work in conjunction with the Organizing Committee.
- b. If technical officials are needed from the other Member Organizations, to be invited to the Games, the Organizing Committee shall seek approval from the Executive Committee. Should the Executive Committee approve the request, the Organizing Committee shall pay their expenses for accommodation, meals, and local transport for the whole period of the Games.
- c. The technical officials and the members of the Jury of Appeal must have never been professionals in sport.
- d. No official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury shall be communicated as soon as possible to the Organizing Committee and the Executive Committee.
- e. Technical officials may not live in the Games Villages, but the Organizing Committee shall ensure and bear the cost of their living accommodation, including board and local transport facilities.
- f. The Jury of Appeal's decision on all technical questions concerning its respective disciplinary nature is final. They shall, however, be without prejudice to any further penalty, which may be imposed by the Executive Committee.
- g. The Jury of Appeal shall be composed of a Chairman/ woman, which position shall be filled up by the Host Country of the Games with a representative of each member country as members.
- h. The International Technical delegates to the Games may be appointed ex-officio members of the body and shall act only in an advisory capacity, unless their respective International Federation requires otherwise
- i. In the event of a dispute or protest relative to technical questions concerning its respective sporting event, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest may be allowed to participate in the deliberations, but cannot vote in the resolution of the protest or dispute.

SEAGF Rule 43 – Court of Appeal

The Executive Committee on behalf of the Federation is the Court of Appeal, which will decide finally on all questions concerning the Games. NOCs or the Organizing Committee may submit questions to the Court of Appeal. In addition the Court of Appeal may intervene in all questions of non-technical nature

outside the Jurisdiction of the Juries of Appeal set up for each sport in the programme.

SEAGF Rule 44 – Claims and Protests

- a. Claims and protests made to the judges on the grounds concerning matters of fact are decided by them without appeal. Appeals against other decisions of the Judges or with regard to any other matter must be addressed to the Chairman of the Jury of Appeal for the sport concerned by a representative of the NOC of the country making the appeal.
- b. For exceptional circumstances, any claim must be made within thirty (30) minutes of the decision giving rise to the claim. The Jury of Appeal after an investigation shall then give a decision and this decision shall be irrevocable, except for the case of a disqualification of a team or of a competitor for infraction of the Southeast Asian Games Federation, which shall be decided by the Court of Appeal. All claims and appeals must be made in writing.

SEAGF Rule 45 – Penalties in Case of Fraud:

A competitor proved fraudulently to have transgressed the Rules and Regulations of the Southeast Asian Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor's NOC is proved to have been a party to the fraud, his/her country shall be disqualified in the sport involved.

2. Participants

- 2.1. The 23rd SEA Games Triathlon Competition is reserved for teams representing National Olympic Committees affiliated to the SEA Games Federation.
- 2.2. Only competitors who comply with the conditions laid down in the SEAGF Statutes and Rules (2005) and the ITU Rules are entitled to participate.

3. Entries

- 3.1. Entries in each participating country must be submitted in accordance with the regulation laid down by the Organizing Committee of the 23rd SEA Games.
- 3.2. Preliminary Deadline for "Entry by Number"
Preliminary entry forms by number from each participating country, forwarded through the respective National Olympic Committee (NOC), must be completed and should be received by PhilSOC not later than 31 May 2005 at 2400 hours Philippine time (GMT +8).
- 3.3. Final Deadline for "Entry by Name"
The entry forms by name must be received by PhilSOC not later than 27 October 2005 at 2400 hours Philippine time (GMT +8).
- 3.4. Both entries by number and name may be sent by fax or e-mail, but must subsequently be confirmed with the original documents, by mailing them to the following address:

PhilSOC Secretariat Office
3rd floor Room 358
Philippine International Convention Center
CCP Complex, Roxas Blvd., Pasay City
Tel no.: (632) 8342432/36
Fax: (632) 8342434
Website: www.2005seagames.com.ph

3.5. Final Declaration and Confirmation of Entries

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline. This will be informed at the Technical Meeting.

For events held on and after the 2nd day of competition, confirmation of entries must be made by 1200 hours on the day before the event.

Team Leaders will also have the possibility to confirm all entries prior to the first day of competition. Any changes should be made prior to 1200 hours on the day before the event.

Forms for the final declaration and confirmation will be distributed to each delegate upon arrival. The forms must be completed and submitted to the competition director prior to the Technical Meeting.

4. Technical Meeting

The Technical Meeting will be held one (1) day before the commencement of the competition. The time and venue of the meeting will be announced later.

COMPETITION GENERAL RULES & REGULATIONS

1. Technical Organization

The Triathlon Association of the Philippines is responsible for and has full control of the technical organization of the Triathlon Competition, in accordance with the ITU/ASTC Rules and in consultation with the International/Continental Technical Delegate when necessary.

2. Draw

2.1. Athletes will draw their starting position.

2.2. In case an athlete does not attend the starting position draw, the SEATA Technical Delegate will wait until those athletes in attendance have all chosen to assign the missing athlete's spot.

2.3. Moving sideways or backward on the starting line is prohibited. Athletes can only move forward. Violating this rule warrants a disqualification.

3. System of Competition / Conduct

3.1. Swimming

- 3.1.1.** Competitors may use any stroke to propel themselves through the water. They may also tread water or float. A competitor may use a boat or inanimate object to stay afloat but cannot use them to gain an advantage, ITU Competition Rule D.1.
- 3.1.2.** In case of an emergency, a competitor should raise an arm overhead and call for assistance. Once official assistance is rendered, the competitor must retire from the competition, ITU Competition Rule D.1.1.

3.2. Cycling

- 3.2.1.** Competitors must obey traffic laws unless otherwise directed by an official. Any competitor whom according to an official appears to present a danger to themselves or others may be disqualified and removed from the competition, ITU Competition Rule E.1.1.
- 3.2.2.** Drafting will only be allowed under the conditions stated in Rule E.2 of the ITU Competition Rules.

3.3. Running

- 3.3.1.** The responsibility of keeping on the course rests with the competitor. Any competitor whom according to officials presents a danger to themselves or others may be removed from the competition, ITU Competition Rules F.1.2.
- 3.3.2.** A competitor will be judged as “finished” the moment any part of the torso (not including head, neck, shoulders, and limbs) crosses the perpendicular line extending from the leading edge of the finish line, ITU Competition Rules F.1.1.

3.4. Transition Areas

Rules regarding the swimming-cycling transition area can be found in section G of the ITU Competition Rules.

4. Officials

The officials that will attend the Triathlon Event are:

- 4.1.** SEATA Technical Delegate who will ensure that all aspects of the ITU Competition Rules and Operation Manuals are fulfilled.
- 4.2.** The Referee who will direct the certification of race officials and will make the final judgments on rule violations.
- 4.3.** The Chief Official who will assign and monitor the work of all Race Officials.
- 4.4.** Race Officials who are assigned to Registration, Start/Finish lines, Transition Areas, Swimming, Cycling, and Running, and Vehicle Control. An adequate number of race officials will be assigned to each area and will be responsible for the enforcement of the ITU Competition Rules within their assigned jurisdiction.
- 4.5.** The Competition Jury, who will be appointed by the Technical Delegate and whose responsibilities and duties are described in rule J of the ITU Competition Rules.
- 4.6.** Volunteers, certified as Level 1 Officials, who will be assigned to areas of responsibility on the field of play by the Technical Delegate.

5. Protest

- 5.1.** Protests cannot be made on “judgment calls” such as Drafting, Blocking and Unsportsmanlike Conduct.
- 5.2.** Protests concerning the eligibility of a competitor shall be made in writing to the Referee before the start of the competition. The affected competitor may compete, as a decision on the protest will be made prior to the announcement of the results.
- 5.3.** Protests concerning the safety of the course or its variance on regulation must be made in writing to the referee twenty-four (24) hours before the start of the race.
- 5.4.** A competitor who protests against another competitor or official must do so in writing to the Referee within fifteen (15) minutes of his/her finish time.
- 5.5.** Protests concerning an error in timing must be delivered within thirty minutes after the posting of the unofficial results by the Referee. A National Federation may protest the official results up to thirty (30) days after the competition, in writing, to the President of the ITU.
- 5.6.** Protests concerning a competitor’s equipment which infringes on the conditions set out in the ITU Rules must be delivered in writing to the Referee fifteen (15) minutes after his/her finish time.
- 5.7.** Where ITU Competition Rules do not cover the protest issue, FINA, UCI, FIS, and IAAF Rules shall apply.
- 5.8.** Protests must be submitted on the appropriate form and accompanied by a deposit of fifty US Dollars (US\$ 50.00), which will be refunded if the protest is accepted.

6. Dress Code

6.1. Swimming

- 6.1.1.** Competitors must have their swimsuits inspected and approved by the Organizing Committee using ITU Standards.
- 6.1.2.** The use of wetsuits will be determined by the standards listed in section D.2 of the ITU Competition Rules.

6.2. Cycling

- 6.2.1.** Cycling helmets are compulsory and must be approved by an official testing authority chosen by the ITU. Any competitor who does not wear an approved helmet while cycling at the race site within seven (7) days of an ITU event may be disqualified from competition or fined, ITU Competition Rule E.3.2. – E.3.4.
- 6.2.2.** Alterations to any part of the helmet are forbidden.
- 6.2.3.** Competitors may not race with bare torsos in the cycling portion.

7. Equipment

7.1. Swimming

- 7.1.1.** Competitors must wear the swim caps provided by the race organization. If the swim cap is unintentionally lost during the swim section, the competitor will not be penalized. Goggles and nose clips are allowed, ITU Competition Rules D.3.1.

7.1.2. Athletes cannot use equipment not approved by ITU as defined in the ITU Competition Rules.

7.2. Cycling

7.2.1. Bicycles must have the following characteristics for Elite Competitions as prescribed in the ITU Competition Rules E.3.

7.2.2. A bike check will take place twenty four (24) hours before the race.

7.2.3. Glass containers, headphones and headsets are not permitted.

7.3. Running

Glass Containers, headphones and headsets are not permitted.

PRIZES AND COMMENDATION

1. Victory Ceremonies

The Victory Ceremonies shall normally be held after the completion of each event. Participants receiving awards must wear official NOC uniform.

2. Prizes

The prizes will be awarded as follows:

First Prize: Gold Medal and Diploma to the winner of each event.

Second Prize: Silver Medal and Diploma to the athlete placed second in each event.

Third Prize: Bronze Medal and Diploma to the athlete placed third in each event.

4th – 6th: Diploma to the athletes placed fourth to sixth in each event.

There shall be no tie for gold, silver or bronze medal placing.