

## **ORGANIZATIONS**

### **1. International Weightlifting Federation (IWF)**

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### **2. Asian Weightlifting Federation (AWF)**

**President:** Cong. Monico O. Puentevella  
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### **3. Philippine Weightlifting Association (PWA)**

**President:** Cong. Monico O. Puentevella  
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### **4. Technical Committee**

**Chairperson:** ENG'R. DANILO D. CATINGUB  
**Secretary:** MS. JUDITH S. SULLA  
**Results System:** MR. ONAIROS "KING" CORTEL  
**Training:** MR. NOEL CATINGUB  
MS. JUDITH S. SULLA

### **5. Organizing Committee**

**Chairperson:** MR. MARK ROMMEL K. ALIÑO  
**Vice Chairpersons:** CONG. MONICO O. PUENTEVELLA  
**Members:** MR. RODONES A. SICAT  
MR. ROGER L. DULLANO

## **COMPETITION INFORMATION**

### **1. Dates and Venues**

The 23<sup>rd</sup> SEA Games Weightlifting Competition will be held from December 1-4, 2005 at the Bacolod Convention Center, Bacolod City.

### **2. Events**

The 23<sup>rd</sup> SEA Games Weightlifting Competition will be contested in the following events:

#### ***Men: 5 events***

69 kg  
85 kg  
94 kg  
105 kg  
+105 kg

#### ***Women: 5 events***

48 kg  
58 kg  
63 kg  
69 kg  
75 kg

### **3. Competition Schedule**

<i>1 December</i>	-	<i>48 kg category (women) 69 kg category (men) 58 kg category (women)</i>
<i>2 December</i>	-	<i>85 kg category (men) 63 kg category (women)</i>
<i>3 December</i>	-	<i>94 kg category (men) 69 kg category (women) 105 kg category (men)</i>
<i>4 December</i>	-	<i>75 kg category (women) +105 kg category (men)</i>

## **GENERAL RULES & REGULATIONS**

### **1. Rules**

The 23<sup>rd</sup> SEA Games Weightlifting Competition will be conducted in accordance with the IWF Rules. In case of a disagreement in the interpretation of rules from versions in different languages, the English text will prevail. In cases not covered by the Rules, they shall be settled through the basics of the OCA, IWF and AWF Constitution and Regulations. Any unforeseen incident not covered by the Rules shall be dealt with accordingly in the following manner:

- 1.1.** Technical questions shall be resolved in accordance with the IWF Rules.
- 1.2.** Cases of general nature shall be resolved in accordance with the SEA Games Federation (SEAGF) Statutes and Rules (2005). Particularly, the following rules shall have precedence:

#### **SEAGF Rule 31 – Eligibility Code**

To be eligible for participation in the SEA Games, a competitor must comply with the SEA Games Federation Statutes and Rules as well as Rule 45 and the By-Laws to Rule 45 of the Olympic Charter.

#### **SEAGF Rule 32 – Nationality of Competitor**

Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country which competitor may represent in the SEA Games shall be resolved by the Executive Committee in accordance with the By-Laws to Rule 46 of the Olympic Charter.

#### **SEAGF Rule 34 – Medical Code:**

- a. Doping violation as defined by the WADA Code is forbidden.
- b. All competitors are liable to medical control and examination carried out in conformity with the rules of the International Olympic Committee Medical Commission, the WADA Anti-Doping Code and Explanatory documents.
- c. Competitors in sports restricted to women must comply with the prescribed tests for femininity, when needed.
- d. Any competitor refusing to submit for a medical control or examination or is found guilty of an Anti-doping violation shall be excluded from the SEA games. The principles of exclusion for teams and individuals shall be in accordance with the WADA Code.
- e. A medal may be withdrawn by order of the Executive Committee on the proposal of the Chairman of the Organizing Committee.
- f. A Medical Commission as approved by the Medical Committee of the SEAG Federation will be set up to implement these rules. Members of which be nominated by their respective NOC as approved by the Medical Commission of the SEAG Federation.
- g. The above regulations shall in no way affect further sanctions by the International Federation.

**SEAGF Rule 38 – Number of Entries:**

The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:

- a. For individual events, including singles and doubles event, there shall only be two (2) entries from each NOC (excluding reserves). For the sports of Arnis, Bodybuilding, Boxing, Judo, Karate-do, Muay, Pencak Silat, Taekwondo, Weightlifting, Wrestling, and Wushu, there shall only be one (1) entry per weight category from each NOC, and for Sailing where there shall only be one (1) entry per event from each NOC. Any event with three (3) or more members to make up a team shall be deemed to be a team event, and there shall only be one team (entry) from each NOC.
- b. For team events, one (1) team per nation, the number of reserves shall not exceed the number of players allowed by the International Federation.
- c. For events where both team and individual competitions are conducted at the same time, the competitors for any one NOC cannot win more than two (2) medals in their respective individual events.

**SEAGF Rule 41 – International Federation:**

- a. The Organizing Committee shall write to the International Federation or the Asian Sports Federation concerned for their permission to hold their sport in the Games. The Organizing Committee may invite a representative who shall arrive at least three (3) days before the beginning of the first event of their sport in order to check the facilities and equipment and arrange the entries, which conform to its rules and the rules of the SEAGF.
- b. The Organizing Committee shall pay the accommodation, meals and local expenses of its representative at the established rate of the Organizing Committee until two (2) days after the closing of their competition.
- c. In exceptional cases, if for technical reasons the presence of additional delegates is necessary, the appropriate arrangements shall be made with the Organizing Committee; the Executive Committee must be previously informed. In case of disagreement, the Executive Committee shall decide.

**SEAGF Rule 42 – Technical Officials and Jury of Appeal:**

- a. The necessary Technical Officials (referees, judges, umpires, timekeepers, inspectors, etc.) and a Jury of Appeal for each sport shall be appointed by the appropriate National Federation of the Host Country, which shall direct their work in conjunction with the Organizing Committee.
- b. If technical officials are needed from the other Member Organizations, to be invited to the Games, the Organizing Committee shall seek approval from the Executive Committee. Should the Executive Committee approve the request, the Organizing Committee shall pay their expenses for accommodation, meals, and local transport for the whole period of the Games.
- c. The technical officials and the members of the Jury of Appeal must have never been professionals in sport.

- d. No official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury shall be communicated as soon as possible to the Organizing Committee and the Executive Committee.
- e. Technical officials may not live in the Games Villages, but the Organizing Committee shall ensure and bear the cost of their living accommodation, including board and local transport facilities.
- f. The Jury of Appeal's decision on all technical questions concerning its respective disciplinary nature is final. They shall, however, be without prejudice to any further penalty, which may be imposed by the Executive Committee.
- g. The Jury of Appeal shall be composed of a Chairman/ woman, which position shall be filled up by the Host Country of the Games with a representative of each member country as members.
- h. The International Technical delegates to the Games may be appointed ex-officio members of the body and shall act only in an advisory capacity, unless their respective International Federation requires otherwise
- i. In the event of a dispute or protest relative to technical questions concerning its respective sporting event, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest may be allowed to participate in the deliberations, but cannot vote in the resolution of the protest or dispute.

#### **SEAGF Rule 43 – Court of Appeal**

The Executive Committee on behalf of the Federation is the Court of Appeal, which will decide finally on all questions concerning the Games. NOCs or the Organizing Committee may submit questions to the Court of Appeal. In addition the Court of Appeal may intervene in all questions of non-technical nature outside the Jurisdiction of the Juries of Appeal set up for each sport in the programme.

#### **SEAGF Rule 44 – Claims and Protests**

- a. Claims and protests made to the judges on the grounds concerning matters of fact are decided by them without appeal. Appeals against other decisions of the Judges or with regard to any other matter must be addressed to the Chairman of the Jury of Appeal for the sport concerned by a representative of the NOC of the country making the appeal.
- b. For exceptional circumstances, any claim must be made within thirty (30) minutes of the decision giving rise to the claim. The Jury of Appeal after an investigation shall then give a decision and this decision shall be irrevocable, except for the case of a disqualification of a team or of a competitor for infraction of the Southeast Asian Games Federation, which shall be decided by the Court of Appeal. All claims and appeals must be made in writing.

#### **SEAGF Rule 45 – Penalties in Case of Fraud:**

A competitor proved fraudulently to have transgressed the Rules and Regulations of the Southeast Asian Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor's NOC is proved to

have been a party to the fraud, his/her country shall be disqualified in the sport involved.

## **2. Participants**

- 2.1.** The 23<sup>rd</sup> SEA Games Weightlifting Competition is reserved for teams representing National Federations affiliated to the SEA Games Federation.
- 2.2.** Only competitors who comply with the conditions laid down in the SEAGF Statutes and Rules (2005) and the IWF Constitution, By-Laws and Technical Rules 2005-2008 are entitled to participate.
- 2.3.** Each country can only enter one (1) lifter per category, subject to a maximum of five (5) lifters for men and five (5) lifters for women per country.

## **3. Entries**

- 3.1.** Entries in each participating country must be submitted in accordance with the regulation laid down by the Organizing Committee of the 23<sup>rd</sup> SEA Games.
- 3.2.** Preliminary Deadline for "Entry by Number"  
Preliminary entry forms by number from each participating country, forwarded through the respective National Olympic Committee (NOC), must be completed and should be received by PhilSOC not later than 31 May 2005 at 2400 hours Philippine time (GMT +8).
- 3.3.** Final Deadline for "Entry by Name"  
The entry forms by name must be received by PhilSOC not later than 27 October 2005 at 2400 hours Philippine time (GMT +8).
- 3.4.** Both entries by number and name may be sent by fax or e-mail, but must subsequently be confirmed with the original documents, by mailing them to the following address:

PhilSOC Secretariat Office  
3<sup>rd</sup> floor Room 358  
Philippine International Convention Center  
CCP Complex, Roxas Blvd., Pasay City  
Tel no.: (632) 8342432/36  
Fax: (632) 8342434  
E-mail: [www.2005seagames.com.ph](http://www.2005seagames.com.ph)

## **4. Technical Meeting**

The Technical Meeting will be held two (2) days before the commencement of the competition to confirm the names and the weight categories of the competitors, and to conduct the drawing of lots. The time and venue of this meeting will be announced later.

# **COMPETITION GENERAL RULES & REGULATIONS**

## **1. Technical Organization**

The Philippine Weightlifting Association is responsible for and has full control of the technical organization of the Weightlifting competition, in collaboration with the Asian Weightlifting Federation (AWF) and in consultation with the International Technical Delegate when necessary.

## **2. System of Competition**

**2.1.** The Weightlifting Competition will be conducted according to the rules and regulations of the IWF.

**2.2.** For the clarification of athletes and teams, the total results of the five (5) bodyweight categories for men and five (5) for women will be taken into consideration.

## **3. Protest**

Protests and Complaints will be handled according to the regulations of the IWF.

## **4. Accommodation and Transportation**

The Organizing Committee will pay expenses for accommodation, meals and local transportation of the Technical Delegate and Technical Officials for the whole period of the Games.

## **5. Technical Delegate**

The Technical Delegate will be appointed by the IWF in consultation with the AWF.

## **6. Technical Officials**

(TBA) Please see point on SEAGF Rule 42.

## **7. Equipment**

EUSAKA Weightlifting Barbells, which is officially approved by the IWF, will be used.

The Electronic Information Technology and Result System applied must hold the official approval/license of the IWF.

## **PRIZES AND COMMENDATION**

### **1. Victory Ceremonies**

The Victory Ceremonies shall normally be held after the completion of each event. Participants receiving awards must wear official NOC uniform.

### **2. Prizes**

The prizes will be awarded as follows:

- Gold Medal and Diploma to the winner of the Total in each category.
- Silver Medal and Diploma to the athlete placed second in the Total in each category.
- Bronze Medal and Diploma to the athlete placed third in the Total in each category.

### **Trophies for Team Championships as previously done in past SEA Games**

- 6 Trophies in the Men's Team Championships
- 6 Trophies in the Women's Team Championships

Team points shall be awarded for the Total results achieved by each athlete in a team and added for the Team Championships.